## **ABSTRACT OF THE DISCLOSURE**

The present invention relates to film-fibril plexifilamentary sheet products which demonstrate improved balance of toughness and softness combined with improved balance of air permeability and liquid barrier resistance, which are prepared by point bonding a nonwoven sheet on both sides by passing said sheet between embossing rolls at a combination of bonding temperature, pressure and residence time such that the majority of bond points are not bonded to the point of translucency.